

# ZION HEALTH

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## PREVENTIVE MEDICAL SHARING



# OVERVIEW

Zion Health shares in unexpected medical events and encourages healthy living including exercise, healthy eating, and other proactive healthy measures. Certain memberships offer specific preventive services that must be performed by an in-network medical professional. These are fully shareable with the community and do not require a member to meet their IUA beforehand. While some preventive services are shareable immediately upon membership activation, others have a one year waiting period before the service is fully shareable with the community.

	ZION HEALTH DIRECT	CONNECTED DPC	CONNECTED WORKSITE
Annual Wellness Visit	Available Immediately	Available Immediately*	Available Immediately*
Colonoscopies	12-month wait	Available Immediately	Available Immediately
Mammograms	12-month wait	Available Immediately	Available Immediately
Youth Immunizations	12-month wait	Available Immediately	Available Immediately
Annual Outside Visit	Not Available	Available Immediately*	Available Immediately*

\*Connected memberships have the choice of either an annual wellness visit  
OR an annual outside visit on an annual basis.

## HOW TO ACCESS CARE

Present your Zion Health Membership ID Card to your provider. The card contains all the billing information that your provider needs to apply the PHCS Network discounts and send medical data to Zion Health for processing. Zion Health recommends that you always confirm directly with the provider to ensure that billing takes place in the PHCS network. For Zion Health to control costs and limit over-charges we require providers to submit bills directly to Zion Health for processing. Zion Health DOES NOT reimburse members for payments made directly to providers for preventive services.

## PREVENTIVE SERVICES PERFORMED BY IN-NETWORK PROVIDER

To access preventive services members must use an in-network provider. Members should always confirm with their provider that billing will be performed within the PHCS Network. Members may contact Zion Health to make an exception if there are no in-network providers conveniently located in their area.

# SHARING WITH ZION HEALTH DIRECT, CONNECTED DPC, AND CONNECTED WORKSITE MEMBERSHIPS

## ANNUAL WELLNESS VISIT

Conversation with your doctor shared at 100% and available day 1 of being an active member. Includes pap-smear testing. Other additional services, including blood work and lab tests, are part of the member responsibility.

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## COLONOSCOPIES

Preventive colonoscopies are shared at 100% when performed by a licensed medical professional. Typically, the results will be sent to a provider where they will be read and evaluated in a follow-up appointment. The separate appointment or visit fees that a licensed medical professional may charge are not considered shareable as part of the colonoscopy service. Diagnostic testing or other services that may result are not shareable as part of the preventive colonoscopy. Alternative testing such as an at-home colon cancer test are acceptable by approval with a written request sent to [member@zionhealth.org](mailto:member@zionhealth.org)

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## MAMMOGRAMS

Preventive exam, appointment, and reading of preventive mammograms are shared at 100% when performed by a licensed medical professional. The maximum shareable amount for a preventive mammogram and services is capped at \$600.

### PREVENTIVE MAMMOGRAM

- Shareable upon recommendation and medical code sent to Zion Health by your provider. Alternatives such as a Thermograph are acceptable with approval and written request sent to [member@zionhealth.org](mailto:member@zionhealth.org)

### DIAGNOSTIC MAMMOGRAM

- Not shareable as a preventive service. May be eligible for sharing as a “medical need” once member has met their IUA. Discounts available when members utilize the PHCS Network.

## YOUTH IMMUNIZATIONS

All immunizations for children 0-16 are based upon the approved guidelines set forth on CDC.gov. The appointment or separate visit fees that a licensed medical professional may charge are not considered shareable as part of the childhood immunizations.

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## OUTSIDE VISIT

*(Sharing with Connected DPC and Connected Worksite memberships ONLY)*

While Direct Primary Care memberships can manage common medical care, we understand that situations may arise that call for another type of visit. You may need to see a specialist, visit an urgent care, or see a doctor while on vacation. Zion Health offers one fully shareable visit annually with any of these scenarios in mind.



## DISCOUNTED RATES USING THE PHCS NETWORK

*(NOT SHARED) -> (NOT ALWAYS SHARED)*

### RECEIVE DISCOUNTED RATES BY USING THE PHCS NETWORK WHEN SERVICES ARE NOT ELIGIBLE FOR SHARING.

- Preventive or routine lab work
- Imaging or diagnostic procedures\*
- Some elective procedures
- Additional testing\*
- Sick visits\*
- Urgent Care\*

*\*These services can potentially be shared if they relate to a qualifying need and the IUA is met.*

## ALTERNATIVE TESTING

Alternative testing such as at-home colon cancer tests and thermography may be shareable if pre-approved by Zion Health. Please email [member@zionhealth.org](mailto:member@zionhealth.org) with any questions about alternative testing.